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PICK YOUR PROTEIN 30Z/60Z PROTEIN

Extra Lean Meatloaf 8.50/10 Hamburger Steak Herb Crusted Pork Tenderloin Cajun Chicken **Classic Grilled Chicken Smoked Chicken Grilled Shrimp** Pan Seared Salmon

PICK 2 SIDES

Brown Rice Wild Rice **Roasted Baby Potatoes Roasted Sweet Potatoes** Asparagus Broccoli **Green Beans Mixed Veggies** Squash & Zucchini Sauteed Mushrooms Side Salad

ALADS

Chef Salad mixed greens, ham, turkey, bacon, tomato, cheese, egg

HALF/WHOLE 4.50/9

Smoked Chicken Cobb

mixed greens, smoked chicken, bacon, tomato, cheese, egg

Strawberry Salad

with or w/o chicken mixed greens, strawberries, toasted almonds, feta cheese

Apple Pecan Salad

with or w/o chicken mixed greens, dried cranberries, feta cheese, pecans, apples

Fall Mixed Salad

with or w/o chicken mixed greens, mandarin oranges, dried cranberries, pecans, feta cheese

> Dressings: ranch, balsamic, creamy jalapeno, poppy seed, raspberry vinaigrette

8.50

-----ONE DISH MEALS------

Chicken Noodle Soup w/ Side Salad Light Cajun Chicken Pasta Mexican Chicken & Poblano Rice Bowl

4.25 ACKS S Ν

Charcuterie Snack Box

Fresh Fruit Plate

Turkey Pinwheel Box

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8.50

Liaht Chicken Salad on a bed of mixed greens with fruit and cheese

Cajun Chicken Wrap with chips & salsa

Gina's Catering 5550 Village Drive, Benton, AR 72019 501-943-7800 grabandgo@ginacaters.com



- 1. half smoked chicken cobb salad with creamy jalapeno dressing
- 2. whole meatloaf with wild rice and asparagus
- 3. cajun chicken pasta
- 4. light chicken salad

*If you do not specify size, you will be charged for a whole *If you do not specify dressing, you will be given ranch

ORDERING & PICK UP

Orders must be received by NOON on Sundays. Pick up is between 10am-6pm on Tuesdays. You can pay upon pick up via cash, credit card, or Venmo.